



Ruhkala a Leadership Academy

March 19, 2018

Inspired to Learn. Committed to Lead

Ruhkala Website: <http://rues.rocklinusd.org/>

Follow us on Twitter: [@RuhkalaLeaders](https://twitter.com/RuhkalaLeaders)



Dear Ruhkala Families,

The recent tragedy in Broward County, Florida and other losses of life on school campuses across the nation over several years have driven increased interest in student safety. I want to assure you safety of our staff and students is a top priority at our school and our district.

At Ruhkala we are taking steps to ensure the safety of our students and staff. Ruhkala Elementary has detailed safety and security protocols set in place by our professional Rocklin Fire and Police Departments as well as a variety of Placer County agencies.

These include:

- Working with Rocklin Academy which shares our site, to ensure teachers and all adults, including office and custodial staff, practice vigilance and awareness about individuals coming and going on our campus. That means that although we may know you, we will continue to request that you sign in at the office even if you are just coming on campus to drop something off to your child and are entering from our side parking lot.
- Locking doors during school hours. RUSD will be adding hardware to our classrooms to make our classroom doors even more secure.
- Working with Rocklin Police to increase their presence and patrols during school hours.
- Practicing our own safety/emergency drills and communication practices with staff and across schools. We practice these emergency and communications responses so staff and students are prepared for various situations.

We are continuing to have conversations with students regarding safety on and off campus and reminding parents/guardians, community members and students that if anyone has information that is concerning, to contact the school or Rocklin Police Department.

The safety of all our students and staff is, and has always been, our highest priority. With your help, we will continue to work together to provide a safe environment and high quality education.

Thank you for your support,
Mrs. Kikosicki
Principal/Ruhkala Elementary



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PTC Update

<http://www.ruhkalaptsc.com>

Sammie's Bunny drive ends this Thursday! Please send in your new stuffed animals to your classroom and the winning class will get ice cream sandwiches! These cuddly friends are donated to local children's hospitals to aide in comforting them during their stay. Each year they count on us and we do this in memory of Sammie Hartsfield who bravely fought cancer for 3 years starting at the age of nine. Thank you for helping keep her cause and memory alive.

Spring Carnival is in full swing! Get ready to join us on April 13th to play games, delicious food trucks and more! All wristband sales go directly to our teachers to aide in classroom needs!

Our Ruhkala Round-up Silent Auction was a HUGE success thanks to all who attended, donated and purchased our amazing auction items!! We raked in over \$9000 in profit!! Yeee-hawwwwww!

Have a wonderful spring break!

Your PTC



Go Huskies!



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Opportunities to Show Our Husky Talent

1. We would love to showcase some of the musical talent that we have here at Ruhkala. We are putting a call out to all **Ruhkala Band students.** Would you like to perform a song for one of our Friday morning assemblies or at Open House? You can perform a solo or as a small group. If you are interested please see Ms. Richie or Mrs. K. to sign up for a day.
2. It is time to start thinking about our amazing **Ruhkala Talent Show.** Please see the flyer that is coming home in the weekly folders and is attached to this newsletter. We are looking forward to seeing all of the amazing acts.



Go Huskies!



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Monday

Fourth Grade Sierra Journeys Program

Early Engineers 1:30-2:30

PTC Monday Madness 1:30-2:30

Tuesday

VAPA Ms. Brown

Fourth Grade Sierra Journeys Program

Choir Practice (3:30-4:30/Room L)

Wednesday

VAPA Mr. Garza/Ms. Kelley

Sami Circuit Visits and **Rock Your Socks Day**

Ukuleles (3:30-4:30/Room L)

Thursday

VAPA Ms. Jensen/ Ms. Storey

Running Club Multipurpose Room 2:30 to 3:30

Friday

VAPA Ms. Van Der Kamp/Ms. Handley

Leadership Assembly (7:45-8:00/Multi)

Fourth Grade Sierra Journeys Program

First Grade Field Trip to Roseville Theatre Arts Academy 9:30-11:30

Please Read:

-**Choir and Ukulele** will be as usual this week.

-**Choir:** Save the date for another memorable choir evening performance on Wednesday, April 25th at 6:00pm.

-**Ukulele School Performance:** May 4th - part of the Friday morning Leadership Assembly.

-**Improv Drama:** Now enrolling! - Please see the attached flyer.

Enjoy Spring Break! School will resume on Tuesday, April 3rd.



Staff Appreciation Week
2018

*"To the world you are a teacher but to -----
Us you are a star"*

Staff Appreciation Week is quickly approaching. We will be honoring our amazing Ruhkala Staff during the week of May 7-11, 2018!

This year I am asking for some help from each class room. I would love to have two volunteers from each classroom to help me that week. It won't require a lot of your time, I would just need some extra hands, ideas and input to make this week more personal for each staff member. I could also use some extra parents to help with the extra class rooms: computer, RSP, library and P.E.

If you are wanting to get involved but don't have a lot of time to spare this will be perfect for you! Please email me at nicolelathrop@gmail.com and let me know if you would like to help. Also, keep an eye out for a sign up genius that will be sent out soon!

If you own a business or work for a company that would like to donate items, services or activities to the staff week please let me know. In the past we have had car washes, movie tickets, dinners, lunches, cleaning services donated and the staff loved it.

Thank you again for always being willing to help out, your time and donations are what make this week possible. If you have an idea that will help make this week super special please feel free to share it with me.

Thank you,

Nicole Lathrop

COME ONE, COME ALL!
Step right Up!

Ruhkala's Spring Carnival!

Games, Prizes, Obstacle Course, Popcorn, Cotton Candy and
SO MUCH MORE!

Including Special Appearances by:

Dog Town Food Truck
Local Kine Shave Ice Truck
DJ Mike Smith
Super Author Marc Schmatjen

SAVE TIME AND PRE-ORDER WRISTBANDS NOW!!
(\$15/ea and \$10 for siblings)

Name: _____

Wristbands: _____

Total: _____

Calling ALL Ruhkala Performers!!!

The Talent Show is coming...

Tryouts will be held on Thursday, April 26th
At 2:30 pm in the Multi.

Sign up in the office right away and start preparing your routine!

Requirements:

- Routines no longer than 2-½ minutes
- Music must be appropriate for school - on a flash drive or emailed to marcschmatjen@gmail.com
- Performers **must** attend dress rehearsal on Thursday, May 24th, 2:30-4:30 pm
- Performers cannot be in more than two routines

**Talent Show will be held on
Friday, May 25th @ 8:15am**

Proud drop spot for
Sammie's Bunny Drive!

Please help put a smile on the faces of children
at local hospitals by donating new (with tag(s)
attached)

stuffed bunnies or springtime animals of any size.

Donate NOW through March 22nd!



Our Sweet Sammie lost her battle with
Osteosarcoma

in October 2009 at 12 yrs old.

She fought courageously for nearly 3 yrs.

Cash or check donations made payable to Team Sammie are also accepted
to aid in the purchase of more animals! Thank you!!

teamsammie@yahoo.com

www.facebook.com/sammiesbunnydrive

TEAM
SAMMIE 

has delivered over
10,000 stuffed smiles
to date in loving
memory of
Sammie Hartsfield!

RUHKALA THEATER CLUB

GRADES 3 -6

READY, SET IMAGINE!

WHY SHOULD YOUR CHILD TAKE PART IN THEATER CLUB?

- BUILDS CONFIDENCE
- PROMOTES TEAMWORK
- ENCOURAGES FASTER AND BETTER "THINKING ON YOUR FEET"
- TEACHES COMMUNICATION SKILLS
- PROVIDES TOOLS TO DEAL WITH UNPREDICTABLE SITUATIONS
- IT'S FUN!

**PLEASE SEE THE BACK
OF THIS FORM FOR
MORE DETAILS AND
INFORMATION ON
HOW TO REGISTER**

INSTRUCTOR:

PAUL BURKE IS THE ARTISTIC DIRECTOR AND HEAD INSTRUCTOR AT BLACKTOP COMEDY THEATER IN ROCKLIN, CA. AND BRINGS 10+ YEARS OF TEACHING TO THE CLASSROOM. HAVING ALSO DIRECTED OVER 20 SHOWS, HE KNOWS HOW TO HELP THE STUDENTS BECOME BETTER PERFORMERS AND FIND THEIR CONFIDENCE. PAUL HAS STUDIED AT THE PRESTIGIOUS SECOND CITY IN CHICAGO AND BATS IN SAN FRANCISCO. PAUL LOOKS FORWARD TO BRINGING A FUN, PLAYFUL, AND CREATIVE ENVIRONMENT WHERE STUDENTS CAN GROW INTO THEIR THEATRICAL POTENTIAL TO RUHKALA.

IN THIS WEEKLY, HOUR LONG CLASS STUDENTS WILL LEARN THE BASICS OF STAGE PERFORMANCE AND USE THOSE SKILLS TO CREATE HILARIOUS STORIES ON STAGE AS A PERFORMANCE ENSEMBLE. THIS CLUB WILL TEACH STUDENTS TO BE POSITIVE, THINK CREATIVELY, BUILD CONFIDENCE, OVERCOME SHYNESS, MAKE NEW FRIENDS, BUILD "PEOPLE-SKILLS", BE A TEAM PLAYER, TAKE SAFE RISKS, AND HAVE FUN!



RUHKALA THEATER CLUB

GRADES 3 -6

READY, SET IMAGINE!

APRIL 5TH THROUGH MAY 10TH

IMPROV-DRAMA
THURSDAYS ROOM L/R2
3:30-4:30 PM
\$60 FOR SIX WEEKS
AND PERFORMANCE

Please return this interest slip and payment to the front office or your classroom teacher. Checks should be made out to Blacktop Comedy Theater. Space is limited.

Student Name: _____ Student's Teacher: _____

Please list the name and contact number of the person who will be picking up your child from Ruhkala Theater Club:

Name: _____ Number: _____

Parent
Signature: _____



STEP RIGHT UP

Save the Date

Spring Carnival!

April 13, 2018

5 - 8pm

**WIN MONEY
FOR YOUR
SCHOOL BY
PARTICIPATING**



April 8, 2018

The Bigger Your Team, the More \$\$\$ You Can Raise!

School Fund Raising Teams

- Form a team of 20 or more paid participants and **receive a \$5.00 donation per paid** participant from Run Rocklin.
- Team members do not have to be students.
- Build your fund raising team right up until race day.



Biggest School Team Prize \$\$\$

- 1st Place \$300
- 2nd Place \$200
- 3rd Place \$100
- All schools are eligible.
- Prize money is awarded to the three biggest teams.
- Prize money is based on paid participant team members.

To Start Raising \$\$\$\$

- Direct perspective team members to RunRocklin.com.
- Then they Click **Register Now**.
- In the registration process there is an option to join a team.
- Each participant selects their school team name.
- Run Rocklin will track the team members & send your school a check based on the total # of paid team members.

Each School in the Rocklin Unified School District is already listed in the Run Rocklin 2018 team name list. If someone has already created a team name it is listed below. If your school did not have a team we have created one for you.

- Antelope Creek
- Breen Bobcats
- Parker Whitney
- Rock Creek Red Hawks
- Rocklin Elementary
- Rocklin Independent Charter Academy (RICA) K-6
- Ruhkala Elementary Huskies
- Sierra Elementary
- Sunset Ranch Coyotes
- Team Cobblestone
- Twin Oaks Elementary
- Valley View Bear Cubs
- Granite Oaks Phys Ed
- Spring View Middle School
- Rocklin Independent Charter Academy (RICA) 7-8
- Rocklin High School
- Whitney High School
- Victory High School
- Rocklin Independent Charter Academy (RICA) 9-12

**RunRocklin.com - April 8, 2018 - Johnson Spring View Park - Rocklin, CA
Larry Osborne - Race Director - 916 997-1808 elephant@eaward.com**

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Rocklin Youth Soccer 2018 Registration



On-Line Registration
Please visit www.rocklinsoccer.org

REGISTRATION FEE

\$115 one player, \$230 two players, \$300 family of three or more players.
Each player is also charged a \$30 raffle ticket fee at time of registration
Register by May 21st deadline to avoid late fees and ensure placement*

New Players - You will need to upload at time of registration a copy of your child's certified birth certificate and a recent picture. Registrations will not be accepted without this. Hospital and baptismal certificates will not be accepted.

Returning Players - You will not need to submit another birth certificate copy, if you played last season, however, an updated picture will need to be uploaded. If you skipped last season, you will need to submit another copy of your birth certificate.

Pictures: You will need to upload a jpeg 2mb or smaller headshot photo at the time of registration. Photos should be in color and no hats or sunglasses on in photo. Once you upload the image, please crop to where 85% of the child's face covers the photo.

****Team placement requests may be made at time of registration. While we will do our best to accommodate requests, not all requests can or will be honored.**

OTHER IMPORTANT INFORMATION

- If your child's birth date falls between January 1, 2000 and December 31, 2013 they are eligible to play soccer this season.
- Teams will be formed based on age, child of coach, returning player to same team, school child attends, etc.
- Practice begins in early August, and will be held at a park or school in Rocklin. Practice times, days, and locations will be determined by the Club. No requests honored. Players will be contacted in the last week of July directly by their coaches regarding practice times and locations.
- Soccer games begin in September and run through November. Most games will be played in Rocklin, Roseville, Loomis, Granite Bay and Lincoln.
- Uniforms are to be purchased by the player. The Club does not provide uniforms. Players will need to wear shinguards and soccer cleats to practices and games. Baseball and softball cleats may not be worn for soccer.
- Payment in full will be expected at registration. Please consult website for RYSC drop policy.
- Financial Aid may be available for those who apply.

*LATE REGISTRATION

There is a \$25 per player late fee charged at the time of registration for any registrations after May 21st. Later Registration period runs from 5/21-6/10. A waiting list will be started for players registering 6/11-7/1.
Placement is not guaranteed for players registering in the 5/21-7/1 time frame.

For more information, please visit our website - www.rocklinsoccer.org

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Summer Kids Kamp 2018

City of Lincoln

June 11 - August 17

These materials are neither prepared nor endorsed by the Western Piedmont Council of Governments or Rockbe School District, the superintendent, or this school. The school makes no representation regarding the content or quality of the services or activities provided. The Western Piedmont Council of Governments or Rockbe School District shall be held harmless from any cause of action filed in any court or administrative tribunal or judgment of the distribution of these materials, including all costs, attorney's fees and judgments or awards.

Only need a day or two of camp? *We now take daily registrations!*
Daily registrations are dependent on space availability and start at \$35 per day.

Our camp counselors are dedicated to providing a safe and fun environment for children to interact, meet new friends and participate in exciting camp activities. Campers will spend their day playing high energy activities, creating art masterpieces, going on crazy adventures and so much more. Join us for an exciting week of camp games, sports, a field trip and more! Please bring a sack lunch, one snack, and water to camp daily. Come join the fun!

Ages: 5-11 • Mon-Fri • 9:00am - 3:30pm
 Weekly Fee: \$135 each week (\$110 for Week 4. No camp on 7/4)
 Daily Fee: \$35 • Thursday's Field Trip \$45
 Super Starter (7:30am - 9am) \$25 Week/\$10 day • Fun Finale (3:30pm - 6pm) \$30 week/\$15 day
 Location: Twelve Bridges Elementary School (Week 1, 9 & 10 will be held at McBean Park)

Week 1 – Gold Rush Days
 6/11-6/15 • Camp Color Wars
 Field Trip: Top Golf
 Location: McBean Park

Week 2 – Sports-a-Palooza
 6/18-6/22 • Kids Kamp Olympics
 Field Trip: Camp-a-Palooza

Week 3 – Heros Journey
 6/25-6/29 • Superhero Showdown
 Field Trip: The Studio
 (Kids Ninja Warrior Training Studio)

Week 4 – Christmas in July
 7/2-7/6 • Amazing Race Challenge
 Field Trip: Roller King
 * No Camp 7/4

Week 5 – Lego my Eggo
 7/9-7/13 • Dodgeball Tournament
 Field Trip: Blue Oaks Cinema: Incredibles 2

Week 6 – Barnyard Palooza
 7/16-7/20 • Double Dare Challenge
 Field Trip: Rockin' Jump

Week 7 – Geeky Greatness
 7/23-7/27 • Diary of a Wimpy Kid Challenge
 Field Trip: CSD Aquatics Center

Week 8 – Color Me Crazy
 7/30-8/3 • Kids Kamp Survivor
 Field Trip: Sacramento Zoo

Week 9 – Mad Science
 8/6-8/10 • Young Scientist Challenge
 Field Trip: Quarry Adventure Park
 Location: McBean Park

Week 10 – Kids Kamps Got Talent
 8/13-8/17 • Kids Kamp Talent Show
 Field Trip: Strikes Unlimited
 Location: McBean Park

For More Information on daily activities or to register go to
www.LincolnRec.net or call us at 916.434.3220!



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GET UP AND GO!

HEALTHY KIDS RUNNING SERIES



ROSEVILLE/ROCKLIN, CA

Johnson-Springview Park

5480 5th St
Rocklin, CA 95677

March 18, 25 & April 7, 15, 22
Sundays (except for Apr 7th), 3:30 - 4:30pm

SCORING/DETAILS

- Points based on finish.
- Runners with the most points after final race win trophies.
- Tech T-Shirts and Race Bags for Full Series Participants!
- Medal for ALL runners at Week 5.



DIVISION	DISTANCE
Pre-K 2/3yr	50 Yard Dash
Pre-K 4/5yr	75 Yard Dash
K & 1st	1/4 Mile
2nd & 3rd	1/2 Mile
4th & 5th	1 Mile
6th, 7th, 8th	1 Mile

*All races will be the same distances each week.

For more information, please contact Katrina Wheeler at 916.397.9430 or at hkrroseville@gmail.com

HealthyKidsRunningSeries.org

\$35 FULL SERIES*
(Five-week series)
\$10 PER RACE*
*Registration is nonrefundable.

SPONSORS



Delta Metro Realty Services, Inc.

Please cut and mail form back

Sign up online or mail this form with check payable to Healthy Kids Running Series at:

Healthy Kids Running Series
The Mill
381 Brinton Lake Rd.
Thornton, PA 19373

Sign up for the entire Series or a single race: Entire Series OR Single Repeat Single Upgrade to Full

Participant Name _____ Gender (circle) M F / / DOB _____

T-Shirt Size (Full Series Only): XS S M L XL 2XL 3XL 4XL 5XL 6XL 7XL 8XL 9XL 10XL 11XL 12XL 13XL 14XL 15XL 16XL 17XL 18XL 19XL 20XL 21XL 22XL 23XL 24XL 25XL 26XL 27XL 28XL 29XL 30XL 31XL 32XL 33XL 34XL 35XL 36XL 37XL 38XL 39XL 40XL 41XL 42XL 43XL 44XL 45XL 46XL 47XL 48XL 49XL 50XL 51XL 52XL 53XL 54XL 55XL 56XL 57XL 58XL 59XL 60XL 61XL 62XL 63XL 64XL 65XL 66XL 67XL 68XL 69XL 70XL 71XL 72XL 73XL 74XL 75XL 76XL 77XL 78XL 79XL 80XL 81XL 82XL 83XL 84XL 85XL 86XL 87XL 88XL 89XL 90XL 91XL 92XL 93XL 94XL 95XL 96XL 97XL 98XL 99XL 100XL

Grade Category: Pre-K 2/3yr Pre-K 4/5yr K/1st 2nd/3rd 4th/5th 6th/7th/8th

Email Address _____ Phone _____

Address _____ City _____ State _____ Zip _____

Emergency Contact Name _____ Check No. _____ Cash _____
(For HKRS Coordinator to fill)

As the parent or legal guardian of the children named, I hereby give my full consent and approval for my child to participate in the Healthy Kids Running Series. In addition to giving my full consent for my child's participation, I do hereby waive, release, hold harmless and forever discharge Healthy Kids Running Series, Pattison Sports Group, the Community Coordinators, its officers, staff, sponsors, supervisors, and representatives for any injury that may be suffered by my child in normal course of participation in the designated sport and the activities incidental thereto, whether paid damages, injury, or loss due to negligence or not. Additionally I grant Healthy Kids Running Series permission to use my child's name, image, voice, and identity in any program for promotion of Healthy Kids Running Series including written materials, website materials on any and all Healthy Kids Running Series publication across the entire worldwide web including but not limited to www.HealthyKidsRunningSeries.com and its sub domains, Facebook, Twitter, Flickr, Pinterest, any other unnamed form of social media, video, audio, or other forms without prior consent or compensation. Lastly, I understand

RUHKALA A LEADERSHIP ACADEMY

6530 TURNSTONE WAY

ROCKLIN, CA 95765

(916) 632-6560

RUES@ROCKLINUSD.ORG

@RUHKALALEADERS



Our Aspiration 2016-2019

The mission of Ruhkala Elementary, a community of inspired leaders, is to ignite the passion in each individual student for learning and leading through engaging innovative opportunities, challenging educational experiences, and cohesive partnerships with families.

Objectives: Measures of Success

- A. All students will demonstrate growth toward their personal academic goals on an annual basis through access to an innovative academic program which includes core instruction, intervention, and enrichment.**
- B. Each school year, all students will participate in research based projects utilizing technology.**
- C. All students will be self-reflective to become better problem solvers and critical thinkers.**
- D. All students will continuously increase understanding and application of leadership roles and responsibilities.**
- E. Ruhkala students will continue to benefit from progress towards increased engagement in school culture. This includes opportunities for extracurricular enrichment.**



Strategies and Actions

1. *We will provide innovative and engaging academic learning experiences for all students to be prepared for the 21st century.*

- 1.1. Support student academic growth through authentic, differentiated, and guided inquiry-based learning experiences
- 1.2. Establish a system that provides engaging and stimulating learning experiences, with the incorporation of technology, to identify as a STEAM school
- 1.3. Provide students a culturally relevant enrichment program for development of global competence through self-expression, reflection, creativity, and intellectual growth by partnering with our parent and community population

2. *We will develop leadership skills, self-reflection, and personal accountability.*

- 2.1. Incorporate more leadership involvement in the Ruhkala community to help ALL students choose to be leaders in a nurturing environment that provides them the necessary authentic learning and leadership opportunities, while identifying and cultivating their special gifts and talents
- 2.2. Showcase student and staff interests to promote different leadership styles
- 2.3. Achieve personal accountability through the implementation of a school wide behavior program that teaches children appropriate behavior and behavior expectation
- 2.4. Teach emotional literacy, social competence, conflict resolution, and positive peer relations

3. *We will promote school pride through student, family, and community involvement.*

- 3.1. Create and implement a plan for rebranding Ruhkala Elementary School to ensure a sense of pride and community involvement
- 3.2. Establish a positive environment that will build pride and community involvement
- 3.3. Foster the relationship between school, family, and the community to establish a sense of belonging